



Native Women's Talking Circle & Support Group

Who:

- ▶▶ Adult Women 18+
- ▶▶ Who have experienced sexual assault or abuse trauma victimization

What: On-going weekly talking circle and support group, running through June 10

Topics include (but not limited to):

- ▶▶ Personal Stories
- ▶▶ Healing historical Trauma
- ▶▶ Active Listening
- ▶▶ Medicine Wheel
- ▶▶ Safety
- ▶▶ Skills for Safe Care & Self-Love

Where: United Indians, Youth & Family Services
3712 S. Ferdinand St.
Seattle, WA 98118
(Metro Routes #7 and #9 stop nearest our building)

When: Tuesday's 1:00-2:30 pm
Brief and confidential intake required. Call 723-2825 ex. 29.
No Charge for Groups